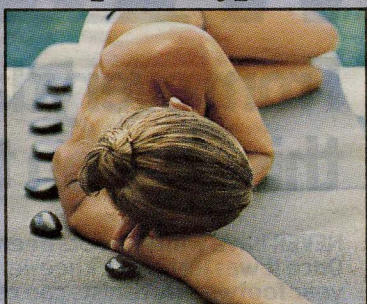


Spa report

Azia Resort & Spa, Paphos, Cyprus



SEVEN nights in a mountain view room cost from £400 per person, not including flights and transfers. Visit www.aziaresort.com or call 00 357 26 845 100 for information.

Luxury for money

THE hotel is divided into three types of accommodation — the Azia Blue is family oriented, the Azia Club & Spa is ideal for privacy and indulgence, and the Residence is a haven of pure luxury. Even in the more reasonably priced rooms, there are stunning views and bathrooms full of Korres products.

excellent good not good

The wow factor

HAVING been recently refurbished, the interiors blend perfectly with the lush surroundings and sea views. With the west-facing bougainvillea-filled gardens, every evening you can enjoy the most sublime sunset.

excellent good not good

Slim or sin?

THE buffet offers a three-course meal with plenty of fresh fish and vegetables, so you don't feel too guilty about trying everything! The restaurant is charming, nestling beneath olive trees for that authentic Cypriot feel.

slim sin

Pamper rating

THE Asphodel Spa is bliss. With the waterfall, burning incense and candlelight, you quickly unwind. The spa is so spacious you won't see another soul. With a private aromatherapy steam room, whirlpool, water movement pool and phototherapy room, you will feel like new. The private yoga lesson is definitely worth a try.

excellent good not good

And for the other half?

THERE is plenty to keep your man entertained, from table tennis to scuba diving lessons. If you're craving more 'me' time, you can send him for a 35km cycle ride along the beautiful coastline path.

excellent good not good

Staff attentiveness

THE staff are friendly, but unintrusive. It is the little touches that count. If you're a couple, a romantic Elemis spa kit is put in your room while you're at dinner — so when you return you are greeted with candles, bath salts and bubbles.

excellent good not good

Range of treatments

THE Elemis spa menu is varied, with customised facials, soaks, massages and foot treatments. If you're feeling really indulgent, try the incredible ritual of renewal. For two-and-a-half hours you will enjoy a lime and ginger salt glow treatment, followed by an Elemis deep tissue massage. The experience will be completed in the phototherapy wellness room, water movement pool, infrared body healing sauna and the whirlpool.

excellent good not good

Celebrity rating

FAR too many to mention, but Kate Winslet, Neve Campbell and Margo Stilley have been recent visitors.

excellent good not good